

SP DAY TENTATIVE SCHEDULE

Please note, the following schedule is subject to change

7:30 – 8:00	Registration		
8:00 – 8:30	Welcome Address/Opening Remarks – Val Fulmer, ASPE President		
8:30 – 9:30	<i>Giving the Gift: The Power of Improvisation as an SP</i> Gina Shannon, MAT		
9:30 – 9:45	Break		
9:45 – 10:45	1A	1B	1C
10:45 – 11:00	Break		
11:00 – 12:30	2A	2B	2C
12:30 – 1:45	Lunch and Simulation Activity		
1:45 – 2:00	Break		
2:00 – 3:30	3A	3B	3C
3:30 – 3:45	Break – Coffee		
3:45 – 4:45	4A	4B	4C
4:45 – 5:15	Debrief/Closing Remarks – Grace Gephardt		

One-hour sessions

Morning (9:45 – 10:45)

- SESSION 1A - The Importance of SP Well Being: De-Rolling – Stephen Charles – **Basic**
- SESSION 1B – Take a Deep Breath: Using breathing techniques to standardize... - Andrew Roblyer – **General**
- SESSION 1C - Moving on Up – Going Behind the Scenes as an SPE – Bob Bolyard – **Advanced**

Afternoon (3:45 – 4:45)

- SESSION 4A - How Can the SP Increase their Reliability – Stephen Charles – **Advanced**
- SESSION 4B - Guided Meditation as a Tool for SP Focus – Erin Walsh – **General**
- SESSION 4C – It’s Game Time: Training SP Feedback Through Game Playing – Mary Aiello - **General**

90min sessions

Morning (11:00 – 12:30)

- SESSION 2A - Toning Your Improvisational Muscle – Gina Shannon/Jamie Pitt – **General**
- SESSION 2B - Mindfulness for SP Performance – DeeDee Farris – **General**
- SESSION 2C – To Be Determined

Afternoon (2:00 – 3:30)

- SESSION 3A - I’ve looked at OSCE’s from Both Sides Now - Michae Orfanos, Judi Casavechia - **General**
- SESSION 3B – Communicating Through Conflict – Lou Clark - **General**
- SESSION 3C – Creating Realism Through Moulage – Marie Knoop/Elaine Louder – **General**

SESSION ABSTRACTS/INFORMATION

MORNING GENERAL SESSION

Giving the Gift: the Power of Improvisation as an SP - Gina Shannon, MAT- Associate Director of Emory University, School of Medicine Clinical Skills Center and 2019 & 2020 ASPE conference chair

In 2009, Gina started her journey in Simulation as a simulated patient at Washington University with her dearest friend, Jamie Pitt as her SP educator. Because the SP world is a connected one, in 2011 she was able to land a job as an SP educator at Emory University, SOM. Her degree in theater and masters in teaching has allowed her blend her passions of improvisation and education to train healthcare providers. She believes that work of an SP reaches beyond the classroom and into bettering all human interactions.

“The world is a slightly better place for having improvisation in it than it was before. There's something about it that says something positive about the human spirit...” Del Close

BREAKOUT SESSION 1 (60 minutes)

A. *The Importance of SP Well Being: De-Rolling* – Stephen Charles (Beginning/General Level)

This session will allow SPs to describe challenges and benefits of their role. The SP will be able to learn about three types of methods of de-rolling and practice one of those methods during the session.

B. *Don't Forget to Breathe: Tips and tricks for simulating almost any portrayal from hyperventilation to grief-stricken sobs* – Andrew Roblyer (General Level)

This session will introduce attendees to vocabulary and techniques of “breath-first” training and will allow them the opportunity to immediately put into practice what they have learned by performing small simulations on a variety of portrayal types.

C. *Moving on Up – Going Behind the Scenes as an SPE* – Bob Bolyard (Advanced Level)

As simulation programs develop and expand, opportunities arise for SPs to take on more responsibilities. What are the duties of a Standardized Patient Educator and how can you develop skills to prepare for a possible promotion? This will also be an inter-active discussion looking at the pros and cons of “moving on up.”

BREAKOUT SESSION 2 (90 minutes)

A. *Toning Your Improvisation Muscle* – Gina Shannon and Jamie Pitt (General Level)

Often times Simulated Patients are asked questions that aren't in the case.-“Oh you have children, what are their names?” In this workshop, SPs will explore the various forms of improvisation exercises to help build their improv muscles for those unexpected questions. SPs will discover the power of “yes, and” in feedback and how "giving the gift" can be rewarding to the learner and the SP. Please be prepared to move and play in this workshop.

B. *Mindfulness for SP Performance* – DeeDee Farris (General Level)

Scientific studies prove that a mindfulness practice can ease anxiety, improve leadership skills, and even reduce bias. These benefits fill well within our scope as Standardized Patients. In this session we will learn how to use simple mindfulness exercises to better retain information, observe student behavior, and formulate quality feedback.

C. TBD

LUNCH and SIMULATION ACTIVITY “Scattered, Covered and Smashed in the Emergency Department”

BREAKOUT SESSION 3 (90 minutes)

- A. *I’ve Looked at OSCE’s from Both Sides Now: Insights into the OSCE Encounter* – Michae Orfanos and Judi Casavechia (General Level)

This workshop will focus on honing SP’s skills in portraying an OSCE case. This will be a two part workshop that includes learning techniques in taking a medical history and communication feedback.

- B. *Communicating Through Conflict* – Lou Clark (General Level)

This workshop will explore the 5 communication styles used to negotiate conflict which are collaboration, compromise, avoidance, competition, and accommodation. Participants will take a short quiz, work with sample scenarios and consider ways to provide constructive feedback to learners who may disagree with that feedback. Finally, this workshop may benefit participants personally in becoming more aware of how they communicate through conflict.

- C. *Creating Realism Through Moulage* - Marie Knoop and Elaine Louder (General Level)

This workshop is a hands-on learning opportunity for SPs to learn moulage techniques. Attendees will learn simple moulage applications, advancing to more complicated applications for disaster trainings and active shooter drills. A combination of pre-made wounds and hand-made wounds will be used. A list of educational resources and commonly used products will be provided.

BREAKOUT SESSION 4 (60 minutes)

- A. *How Can the SP Increase their Reliability?* – Stephen Charles (Advanced Level)

This session will define inter-rater reliability and how it is calculated. SPs will use a checklist and watch a video. As a group, we will discuss differences in scoring. By the end of the session SPs will be able to leave with strategies and tips to discuss with their own SP Trainer to improve their reliability.

- B. *Guided Meditation as a Tool for SP Focus* – Erin Walsh (General Level)

As the Chopra Center states, “meditation is an effective method to help people feel calmer, but also produces changes in various areas of the brain, including growth in the areas associated with memory, empathy, sense of self, and stress regulation.” In this session, we will explore daily meditation as a tool to help transition from the outside world and into the SP role. We will participate in guided meditations and discuss practical ways to incorporate meditation into the workday of SPs.

- C. *It’s Game Time: Training SP Feedback Through Game Playing* – Mary Aiello (General Level)